# Quality Quick Tips

## SEPTEMBER 2023 RESPIRATORY CONDITIONS



NCQA has developed HEDIS® standards around respiratory conditions including asthma, upper respiratory infections, COPD, pharyngitis and bronchitis. Some of these respiratory illnesses are viral while others are bacterial. Your testing and treatment of these illnesses is vital in appropriate care. To assist in your understanding of the quality measures surrounding certain respiratory illness, see the key respiratory HEDIS measures with a brief description.

#### Asthma Medication Ratio (Patients 5-64 years of age)

<u>Expectation</u>: Ensure patients with persistent asthma have a ratio of controller medications to total asthma medications of 50% or greater during the year.

NCQA 90<sup>th</sup> Percentile: 75.32% HEDIS Rate: 2022- 54.48% Current: 60.30%

### Appropriate Treatment for Upper Respiratory Infection (URI) (Children or Adult Ages 3 months and older)

Expectation: Members with a diagnosis of URI (only) are **NOT** dispensed an antibiotic. NCQA 90<sup>th</sup> Percentile: 94.34% HEDIS Rate: 2022- 88.75% Current: 86.88%

### Appropriate Testing for Pharyngitis (Children or Adult Ages 3 years and older)

Expectation: Members with a diagnosis of Pharyngitis (only) who were dispensed an antibiotic received a strep test for the episode of care.

NCQA 90<sup>th</sup> Percentile: 85.77% HEDIS Rate: 2022- 73.79% Current: 76.46%

#### Avoidance of Antibiotic Treatment for Acute Bronchitis/Bronchiolitis (Children or Adult Ages 3 months and older)

Expectation: Members with a diagnosis of acute bronchitis (only) are **NOT** dispensed an antibiotic. NCQA 90<sup>th</sup> Percentile: 70.39% HEDIS Rate: 2022-58.28% Current: 61.79%

Educate patients on comfort measures such as acetaminophen for fever, rest and extra fluids. Also, provide education that antibiotics are not necessary for a viral infection. Ensure co-morbid diagnosis codes are billed when appropriate. Ensure patients with asthma are compliant with their medications throughout the year.

More details can be found in our McLaren Health Plan HEDIS manual which can be found at <a href="https://www.mclarenhealthplan.org">www.mclarenhealthplan.org</a>. If you have questions or would like more information, please email us at MHPQuality@Mclaren.org.

Remember to talk to your patients about tobacco cessation. MHP has a free tobacco cessation program for MHP Community and Medicaid members, call 800-784-8669 for more information.

#### Thank you for the quality care you deliver!

PCP Feedback (Please print) PCP Name/Office Name	Comments, requests, questions, etc.: FAX to 810-600-7985
Name	Phone
Email	

MHPQuality@mclaren.org